# Learning European Citizenship through Landscapes Erasmus+ Helsinki + Lieksa 14.-21.5.2017



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#### THE PROJECT

This project is on empowerment of youngsters who are alienated of their natural environment and nature. The special focus is on youngster transitional needs and citizenship skills. The main aim is to help to develop the youth capacity for situations like where youngster wants to move on to live on their own from residential care or when they try to find a perspective for learning for their future professions.

#### THE GOAL

The goal for learning is on learning of Citizenship skills, that is a result of holistic interaction on cross-cultural settings. The youngsters are willing to share their empowering experiences on their landscapes of action. They are willing to do this in practice because no words can describe of how individual relates into his/her environment or social group on a novel setting. During the journeys the social and other challenges rise from the landscapes where rationalities of topography and nature set the rule.

### THE THEME

The theme for this youth exchange is on social participation. We are trying to reach this goal by recognizing and acknowledging the participants special skills and dispositions. When being on a way the youngsters learn to set their interests and goals. On these journeys the participant cultures and life stories are reflected on the

landscapes. The youngsters find their possibility to share their special places and life circumstances with other European youngsters who have had to be especially adaptive to be able to manage with their everyday lives.

#### **PARTNERS**

#### MALMIGROUP OF HELSINKI CITY

The organizer Helsinki City is part of child welfare services located in Helsinki City Family Centres Services. The Outdoor activities like hiking, canoeing, winter sports, summer camps, fishing and climbing -rock, -ice and -indoors, etc. are practiced as part of the school curriculum and social welfare services. The instructors are Jari Kujala who is the head of the project. Miika Kabata and Aino Lisma come from the school of Jakomäki, Helsinki

### **BSJ MARBURG**

Bsj Marburg e.V. is a non-profit youth organisation that works with the physical aspects and potentials of life styles. Body, movement and physical expression are the foci of their social work programmes. Outdoor Adventure Education and experiential learning activities are central aspects of their working agenda. Carlina Hinz and Sabine Loosen

## VZGOJNI ZAVOD KRANJ

The residential T.I. provides social services in the field of education and upbringing for children and adolescents for need of social support. They are experienced in extracurricular activities and educational adventure projects. Instructors Anamarija Konecnik and Katarina Sekne.

## THE JOURNEY TIMETABLES

## 14.5. Sunday

- Participants from Slovenia and Germany arrive to Finland and stay overnight on Östersundom Youth Centre. The groups are picked up to minibus from the airport 17.30 and 19.15. There will be a late dinner around 20.00.



Östersundom Youth Centre

## 15.5. Monday

09.30 Youth of Helsinki come to visit to Östersundom Youth Centre to get to know the visitors and plan the cooking for a canoe trip.

11.30 We cook together lunch

13.00 Part of the group go to buy the food together while the others go to search the camping equipment from Hangonkatu, Helsinki.

16.00 We cook together dinner

17.00 Youth of Helsinki are taken back to their homes



City of Helsinki

## 16.5. Tuesday

08.00 Breakfast cooked together

09.00 A touristic bus from Porvoo will pick the group from Östersundom

13.00 -14.00 Lunch Joroinen

18.00 Arriving to Lieksa

18.30 We cook together dinner

20.00 packing of barrels

21.00 Sauna



Some water in canoe

17.5. Wednesday

08.00 Breakfast

09.00 Choosing of paddles and equipment

10.00 Bus ride to Jonkeri where the paddling starts

12.00 The lunch brake

18.00 The dinner by Otrosjoki camp area

23.00 Silence



Otrosjoki Sauna

## 18.5Thursday

08.00 Breakfast 09.00 Starting of paddling 12.00 The lunch brake 18.00 The dinner 23.00 Full silence



Aittokoski white water

19.5 Friday

08.00 Breakfast 09.00 Starting of paddling 12.00 The lunch brake 17.00 The dinner on Erästely 19.00 Sauna



Dinner

20.5 Saturday

08.00 Breakfast

09.00 Departing Lieksa

13.00 The lunch brake Joroinen

17.00 On Helsinki Hotel Arthur Dinner



Hotel

# 21.5 Sunday

Departure day. The hotel is next to the Railwaystation where form it's easy to get straight to the airport.



## THE PARTICIPANTS SHOULD BE ABLE TO:

- 1. Swim
- 2. Communicate with strange language
- 2. To do a group work to estimate the travel length, paddling kilometers, amount of food needed for the trip.
- 3. To have digital social media skills through electronic learning environment.
- 4. To cook own food in the middle of the forest.
- 5. To solve the upcoming problems like when canoe is stuck.
- 6. To have fun

### THE EQUIPMENT NEEDED:

Individual Camping Equipment

Sleeping bag\*

Mattress\*

Mug, plate, Spork,

Knife\*

Toothbrush, face cloth, etc.

Towel

Personal medicines, tanning lotion

Matches in plastic bag\*

Waterproof bag for mobile phone

Duct tape\*
Headlamp \*

Bag for garbage\*

Water bottle\*

Sunglasses

Compass\*

Clothes

Dry synthetic layers, underwear

Socks 3 pairs

Board shorts or swim suits

adjustable hat

Sandals or shoes that can be used when wet

Shoes for walking\*

Waterproof and windproof jacket and pants\*

Sweat suit

Bag for dirty clothes

Group equipment

Backpacking stoves a cooker \*

Gas for cooker\*
Basic first aid kit \*

Tents \*

Rain shelters \*

Erästely provides us with

Canoes

Paddles + extra paddles

Whistle
Throw bag

Personal floatation device Waterproof bags and barrels

Emergency contacts Waterproof maps

Helmets

\* These equipments and clothes you can borrow from us if you want.